

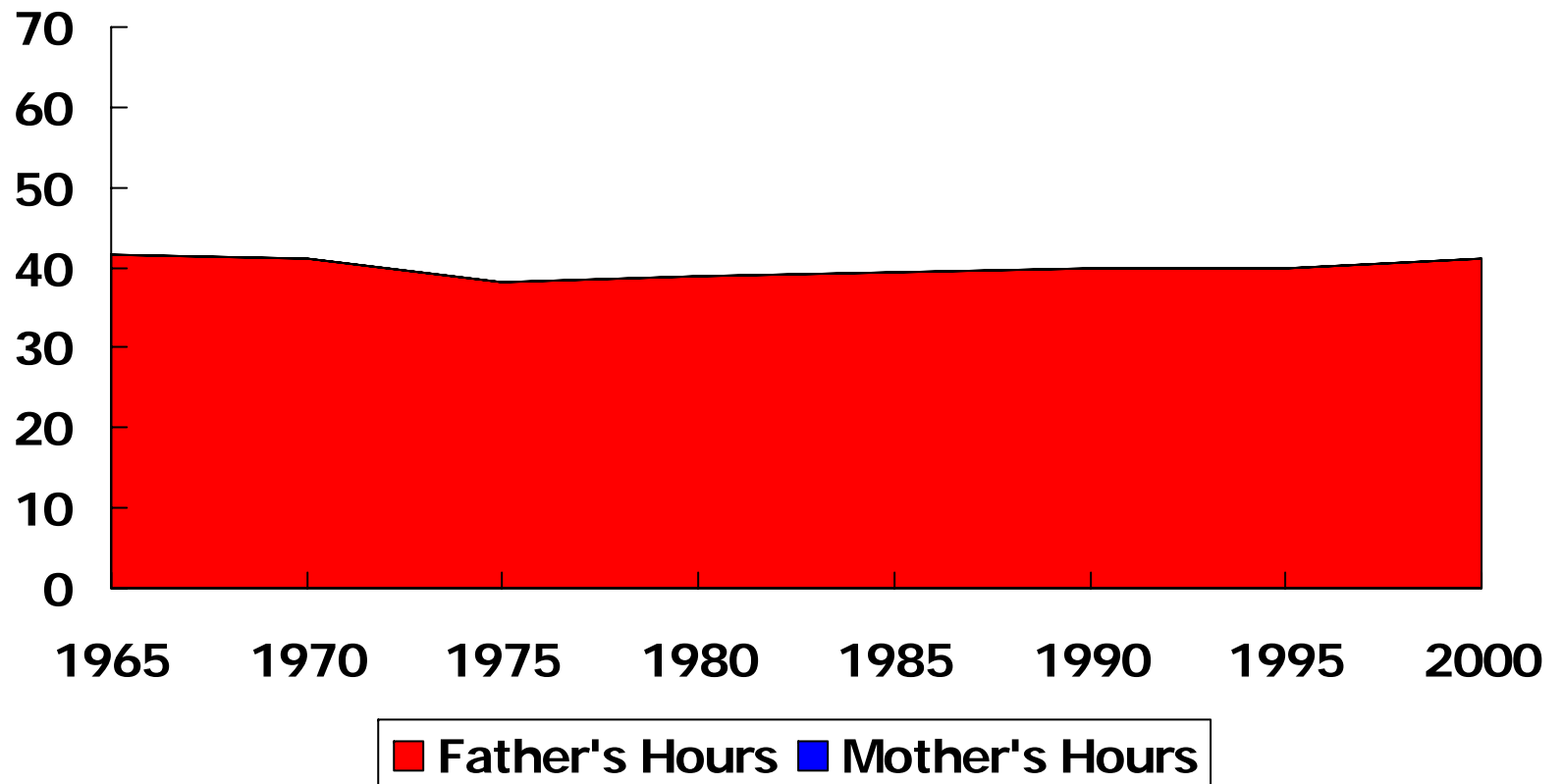
The Long Reach of the Job: Employment and Time for Family Life

By
Suzanne Bianchi
Vanessa Wight
May 17, 2006

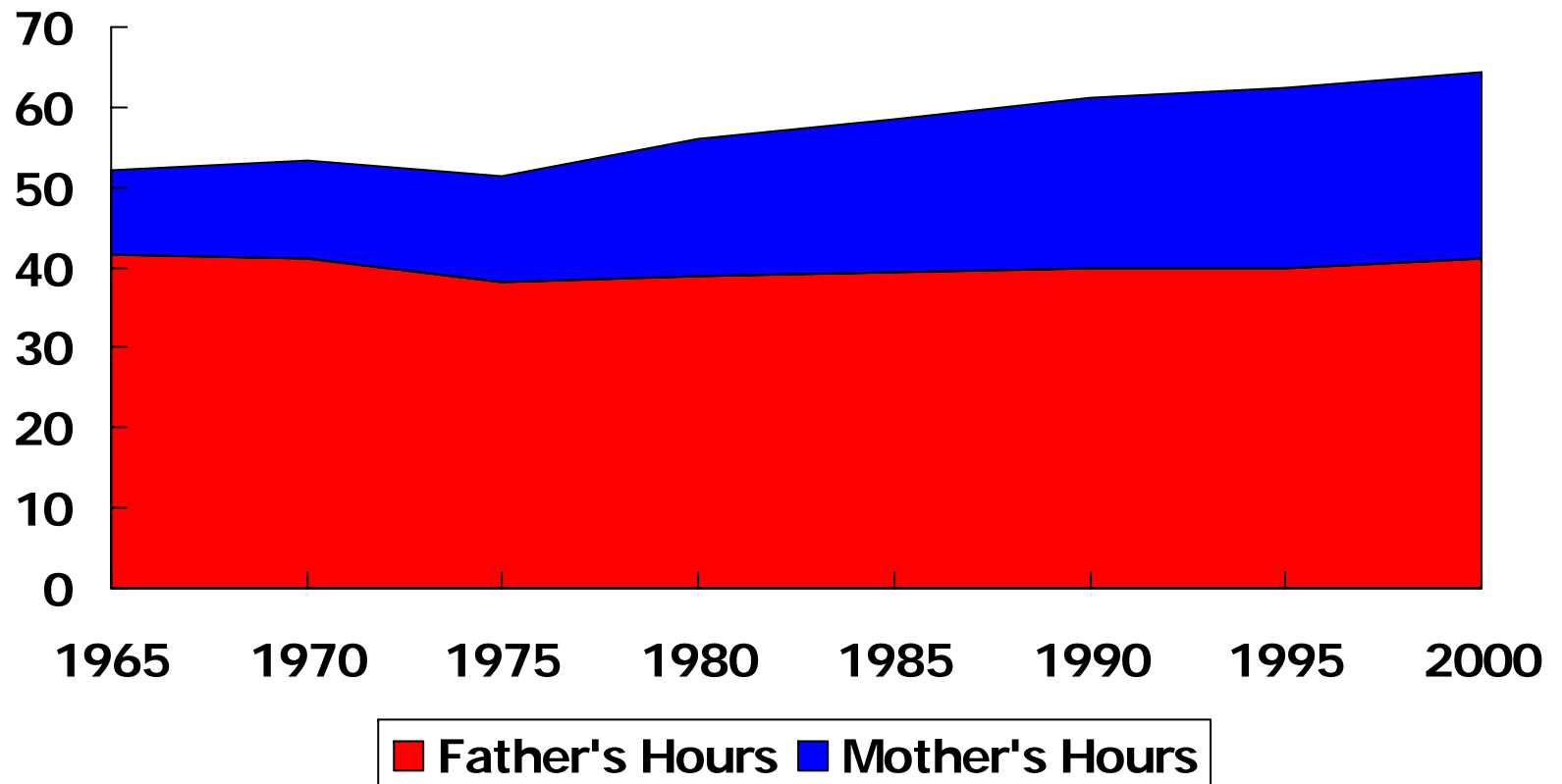


International Conference, Chicago, IL

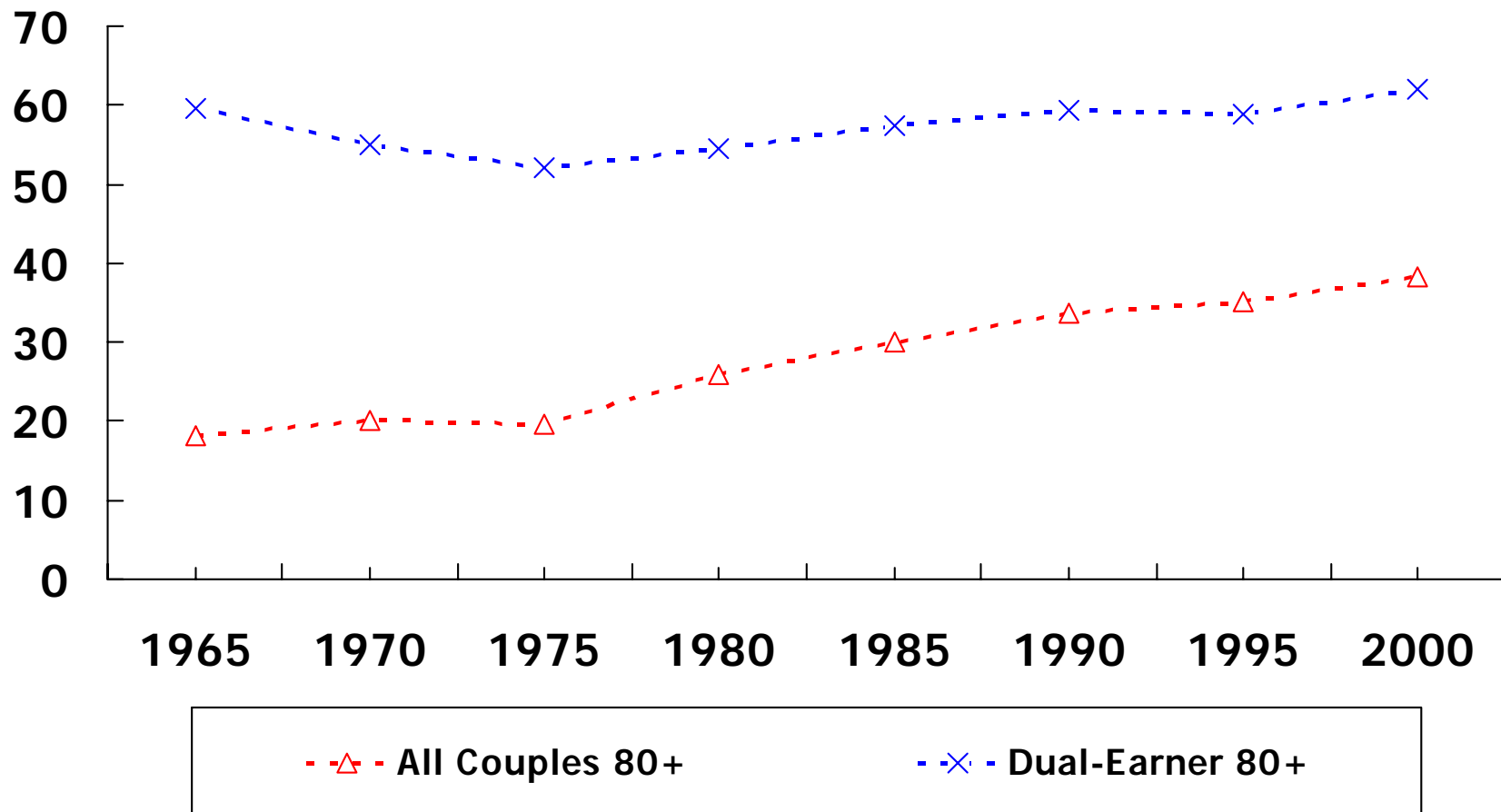
Labor Market Hours in Two-Parent Families with Children <18, 1965-2000



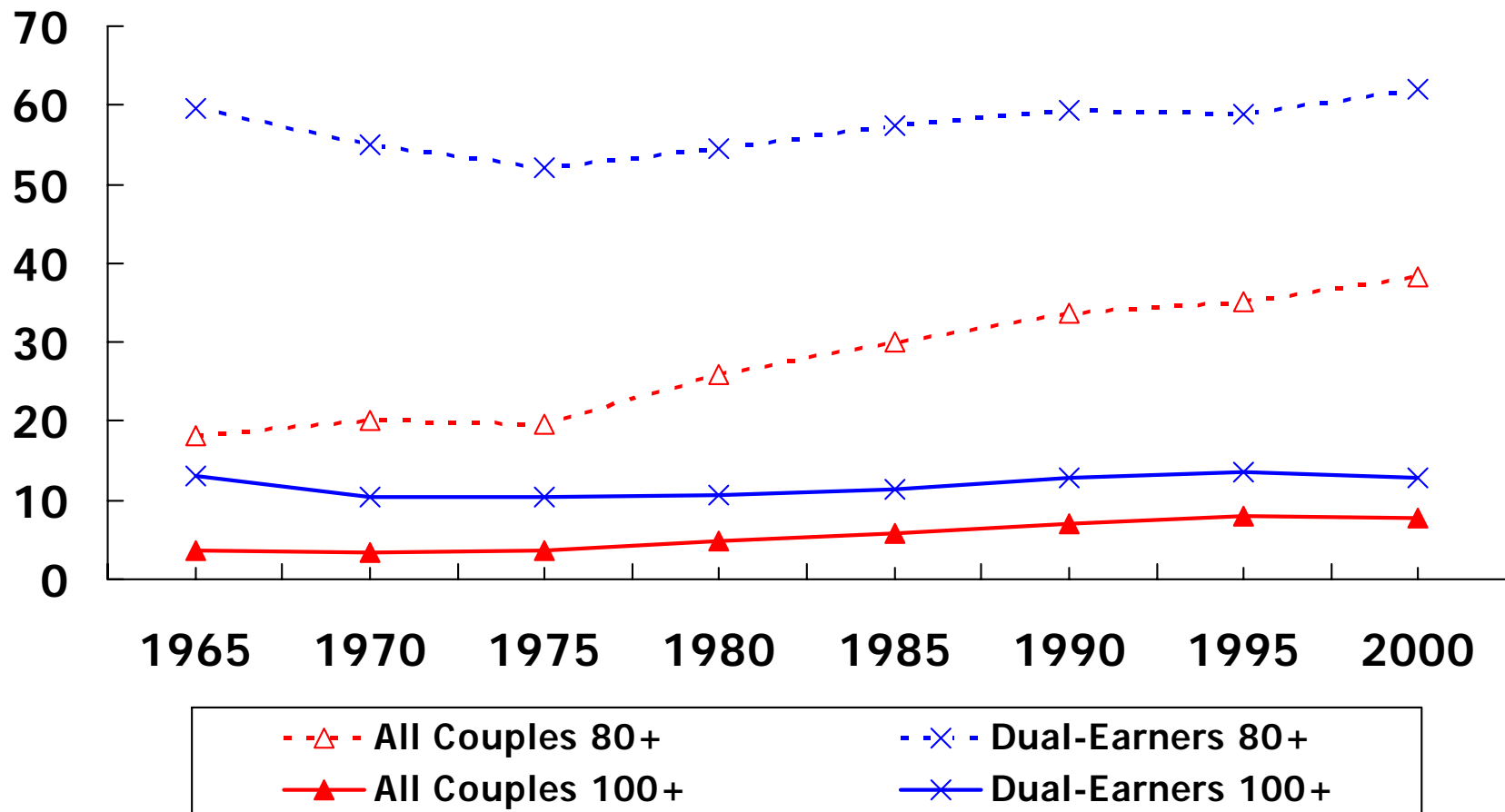
Labor Market Hours in Two-Parent Families with Children <18, 1965-2000



Percentage of Couples Who Work 80+ and 100+ Hours per Week



Percentage of Couples Who Work 80+ and 100+ Hours per Week





The "Positives" of Long Work Hours



The “Positives” of Long Work Hours

- “Good” Jobs (good pay and benefits)



The “Positives” of Long Work Hours

- “Good” Jobs (good pay and benefits)
- Job Complexity



The “Positives” of Long Work Hours

- “Good” Jobs (good pay and benefits)
- Job Complexity
- Better Physical and Mental Health



The “Negatives” of Long Work Hours



The “Negatives” of Long Work Hours

- Some Workers Cannot Meet Job Requirements



The “Negatives” of Long Work Hours

- Some Workers Cannot Meet Job Requirements
- Difficulty Scheduling “Family Time”



The “Negatives” of Long Work Hours

- Some Workers Cannot Meet Job Requirements
- Difficulty Scheduling “Family Time”
- Feelings of Work-Family Strain and Conflict



The “Negatives” of Long Work Hours

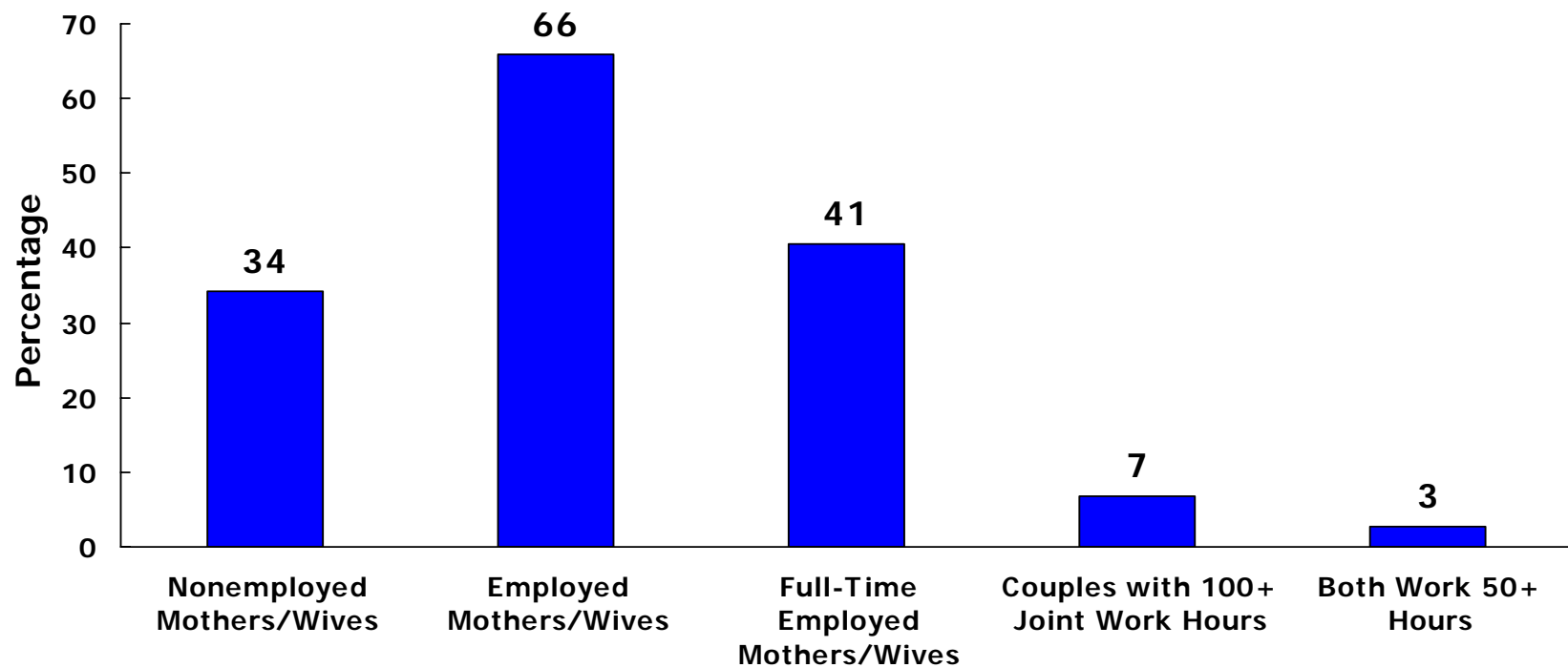
- Some Workers Cannot Meet Job Requirements
- Difficulty Scheduling “Family Time”
- Feelings of Work-Family Strain and Conflict
- Strained Family Relationships



Who Works Long Work Hours?

- 2003-2004 American Time Use Survey (ATUS)
 - Bureau of Labor Statistics
- 2000 National Survey of Children (NSP)
 - Alfred P. Sloan Foundation's Working Families Program

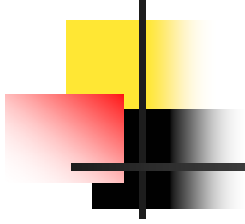
Percent of Mothers by Employment Hours





Sample Characteristics

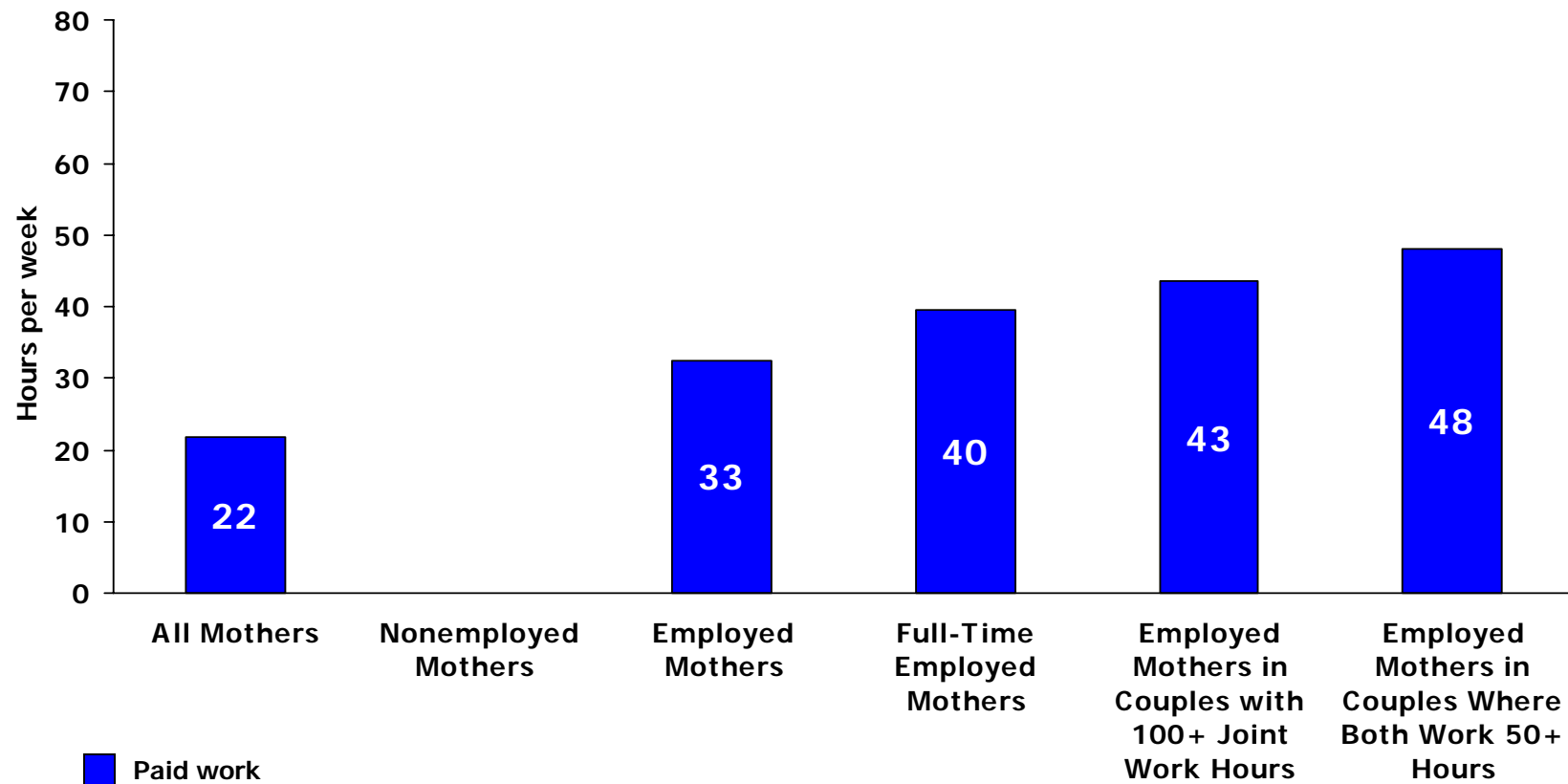
	Mother/ Wife Not Employed	Mother/ Wife Employed	Mother/ Wife Employed Full Time	Couples' Combined Work Hours are 100+	Both Work 50+ Hours
% w/ Children <6	57.9	40.8	37.9	31.3	28.7
% College Educated					
Mothers	30.8	38.5	38.8	47.3	59.5
Fathers	38.2	35.5	32.5	40.3	52.3
% Over Age 45					
Mothers	14.8	19.7	20.1	26.7	34.0
Fathers	21.4	28.8	30.3	36.2	54.1



How Long Are Weekly Workloads?

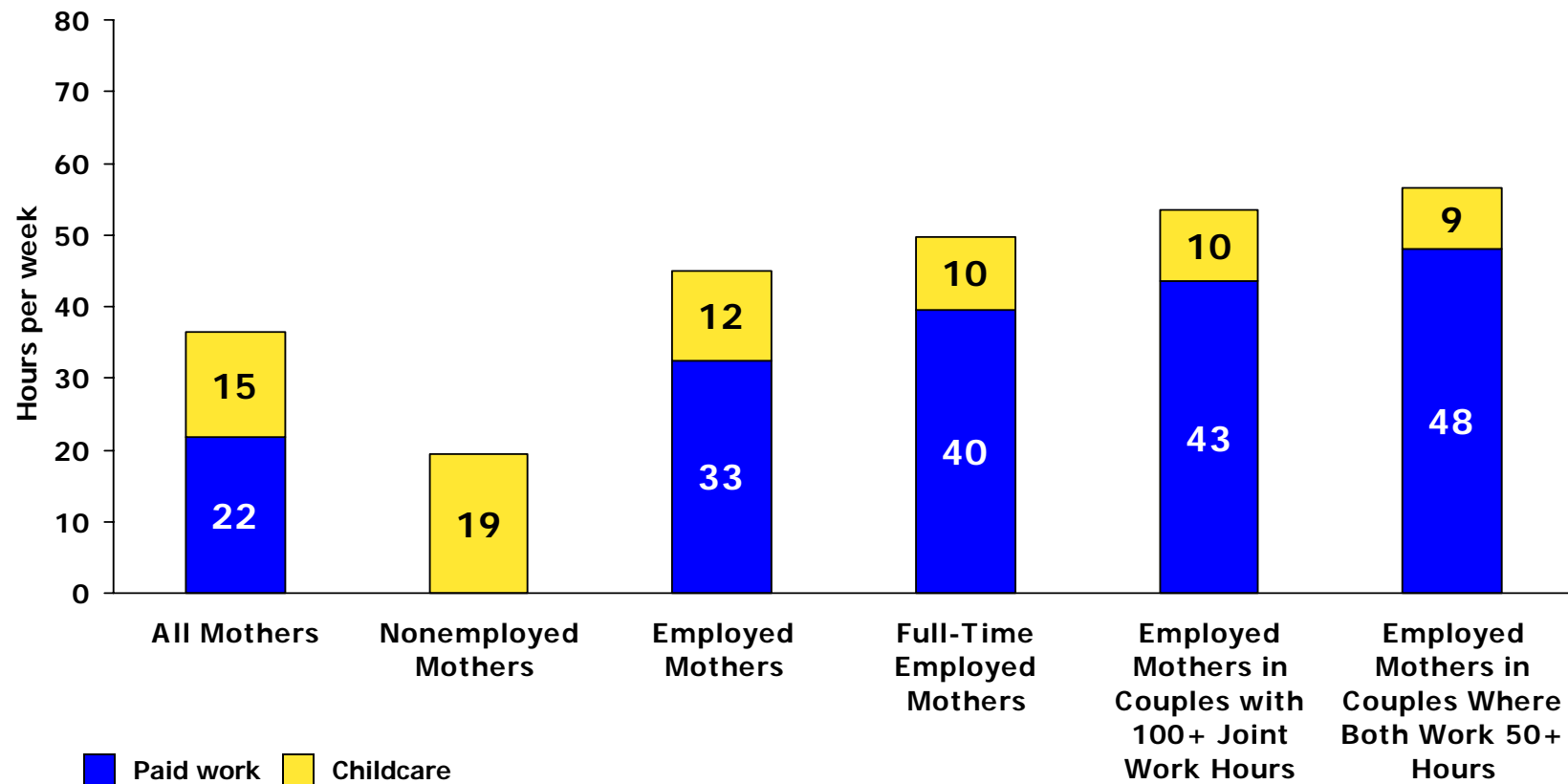
(Hours of Paid and Unpaid Work)

Maternal Employment and Mothers' Total Workloads



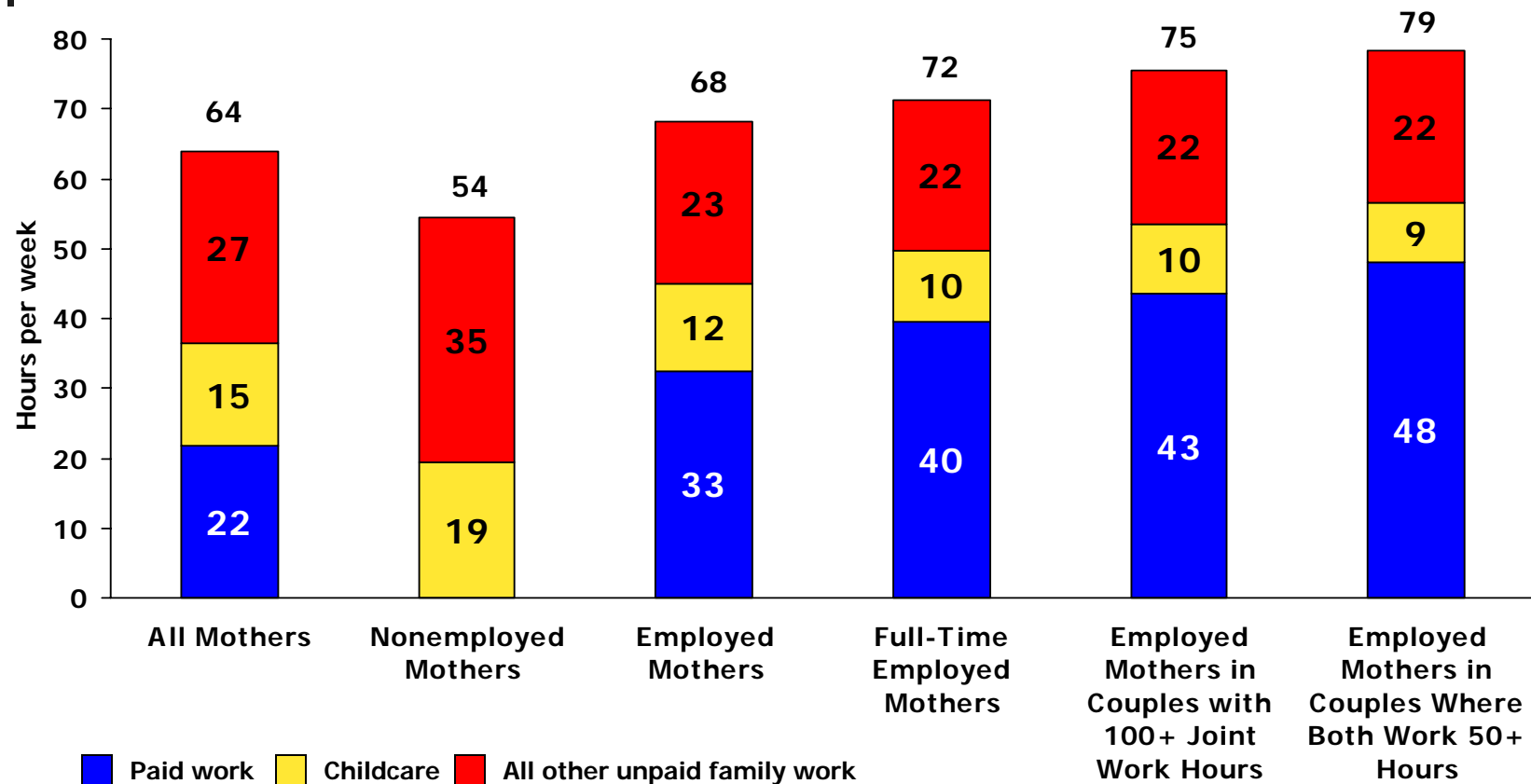
Source: 2003-2004 ATUS

Maternal Employment and Mothers' Total Workloads



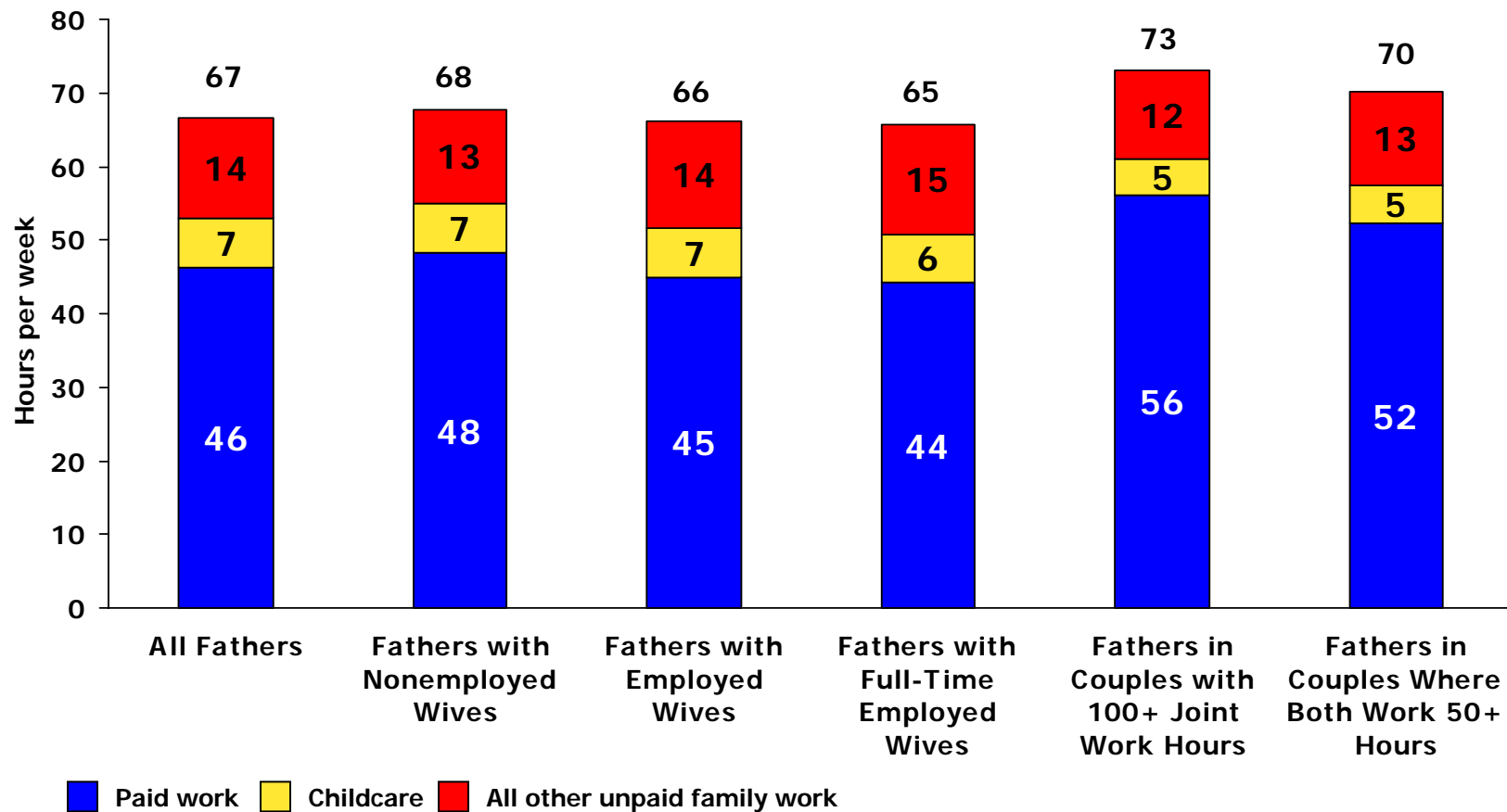
Source: 2003-2004 ATUS

Maternal Employment and Mothers' Total Workloads



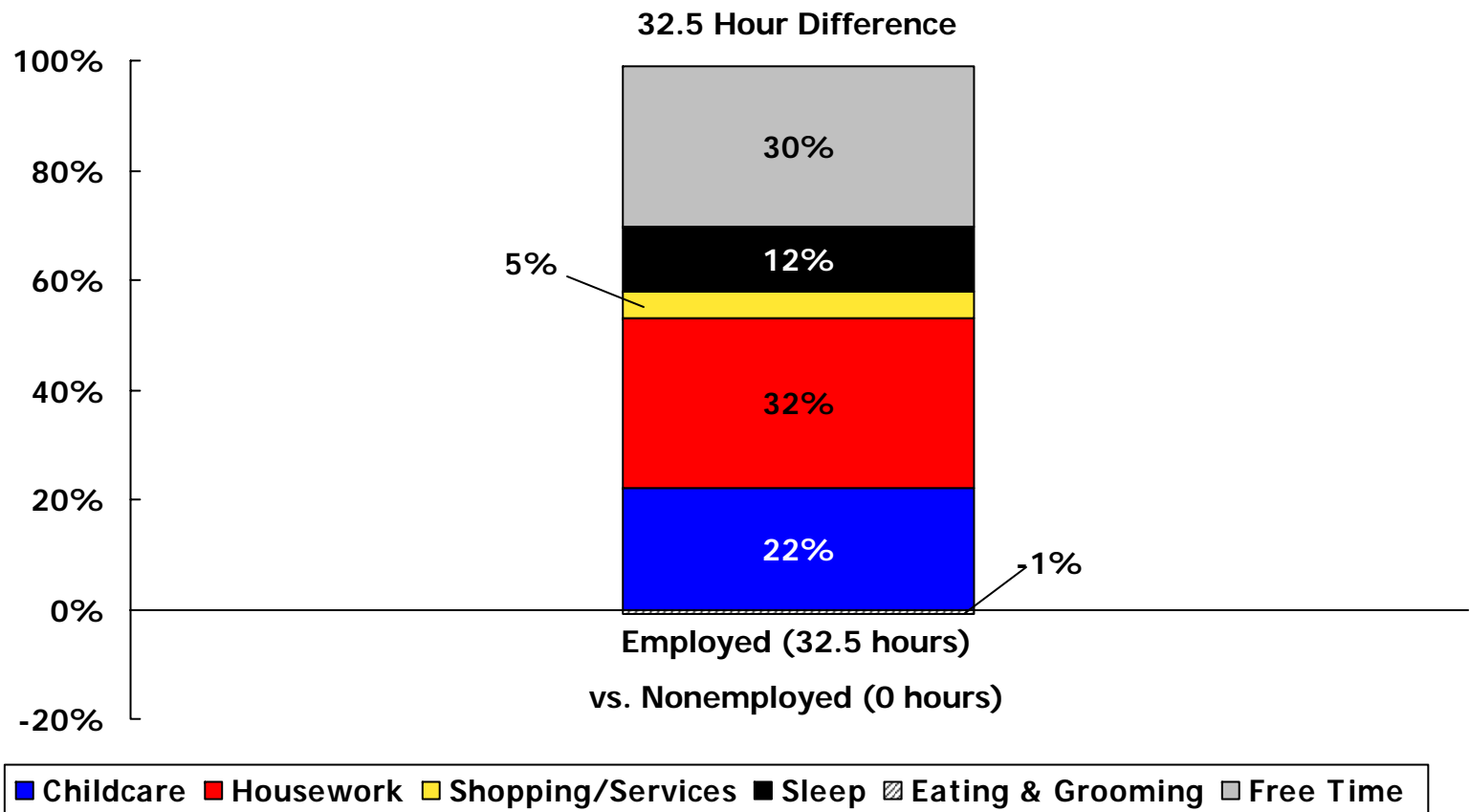
Source: 2003-2004 ATUS

Maternal Employment and Fathers' Total Workloads

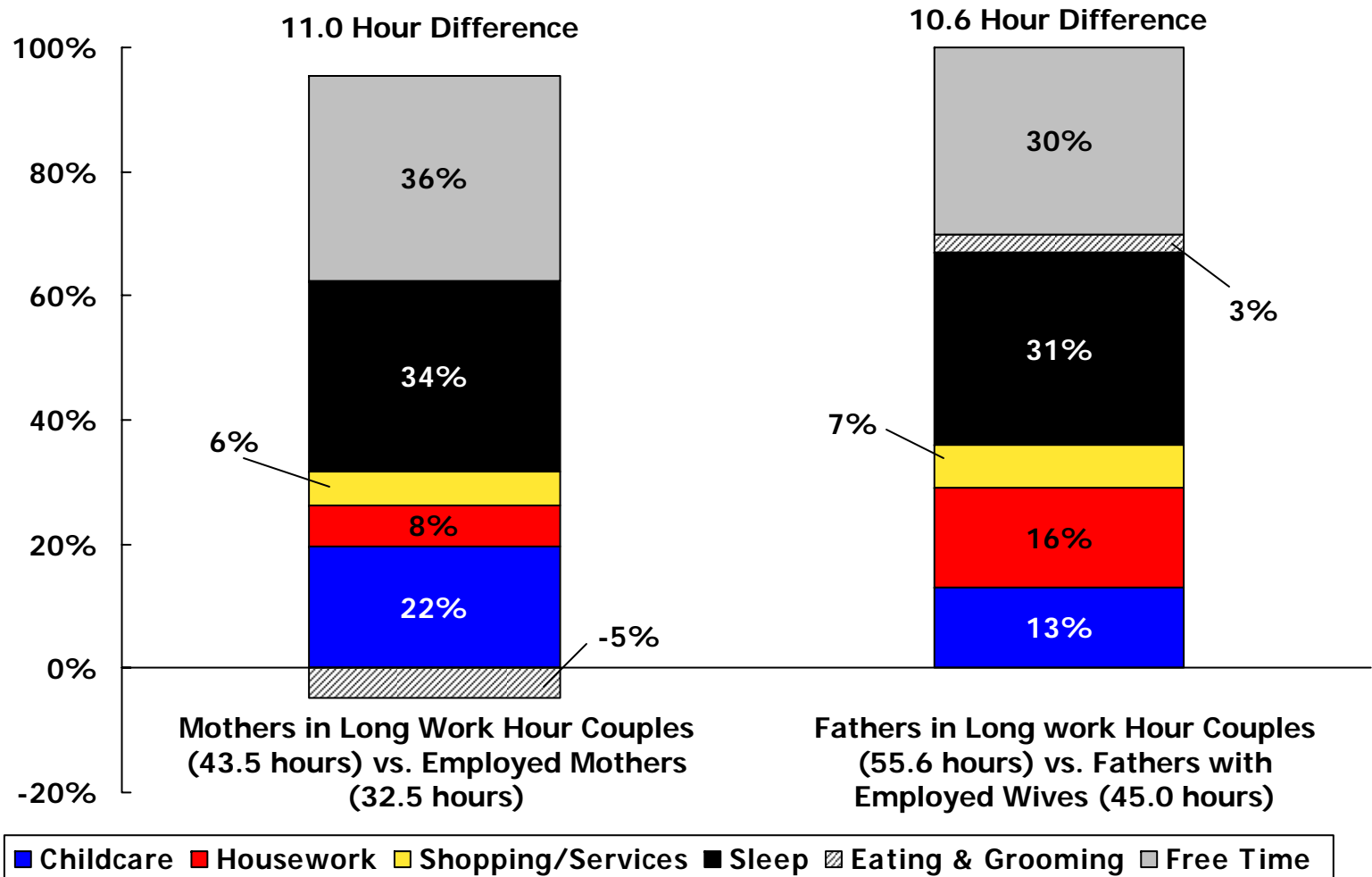


Source: 2003-2004 ATUS

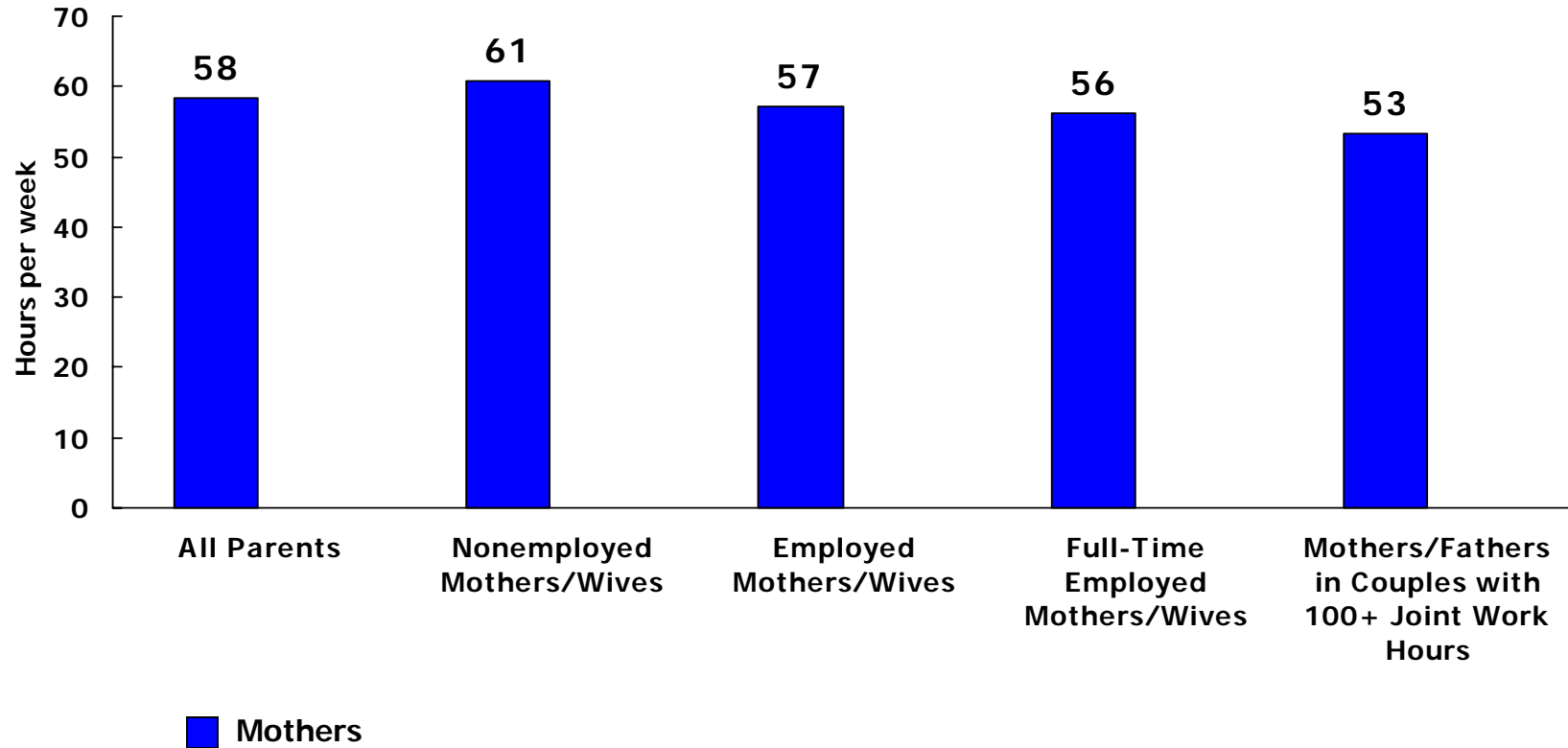
“What Gives” to Finance Maternal Employment?



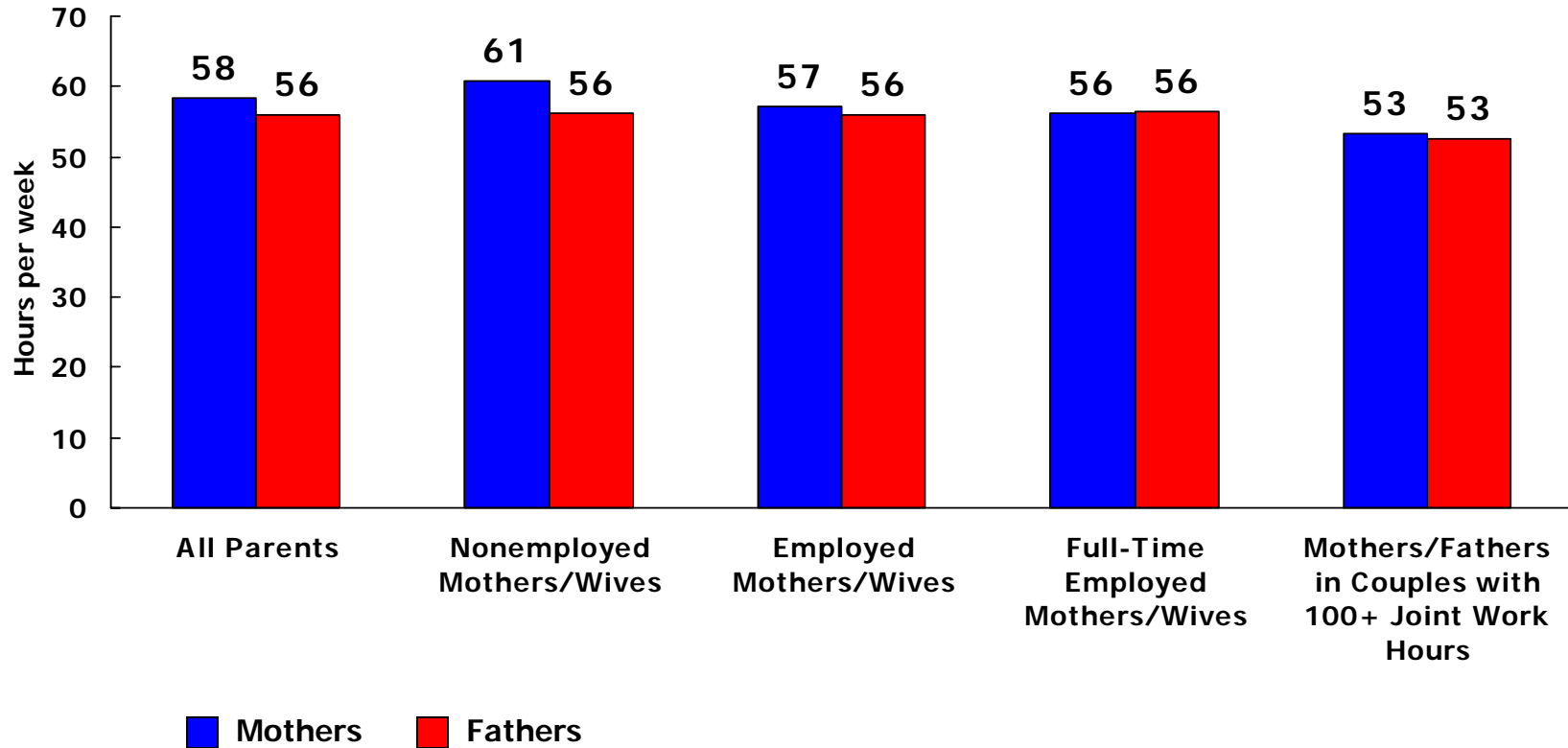
“What Gives” to Finance Mothers’ and Fathers’ Long Work Hours?



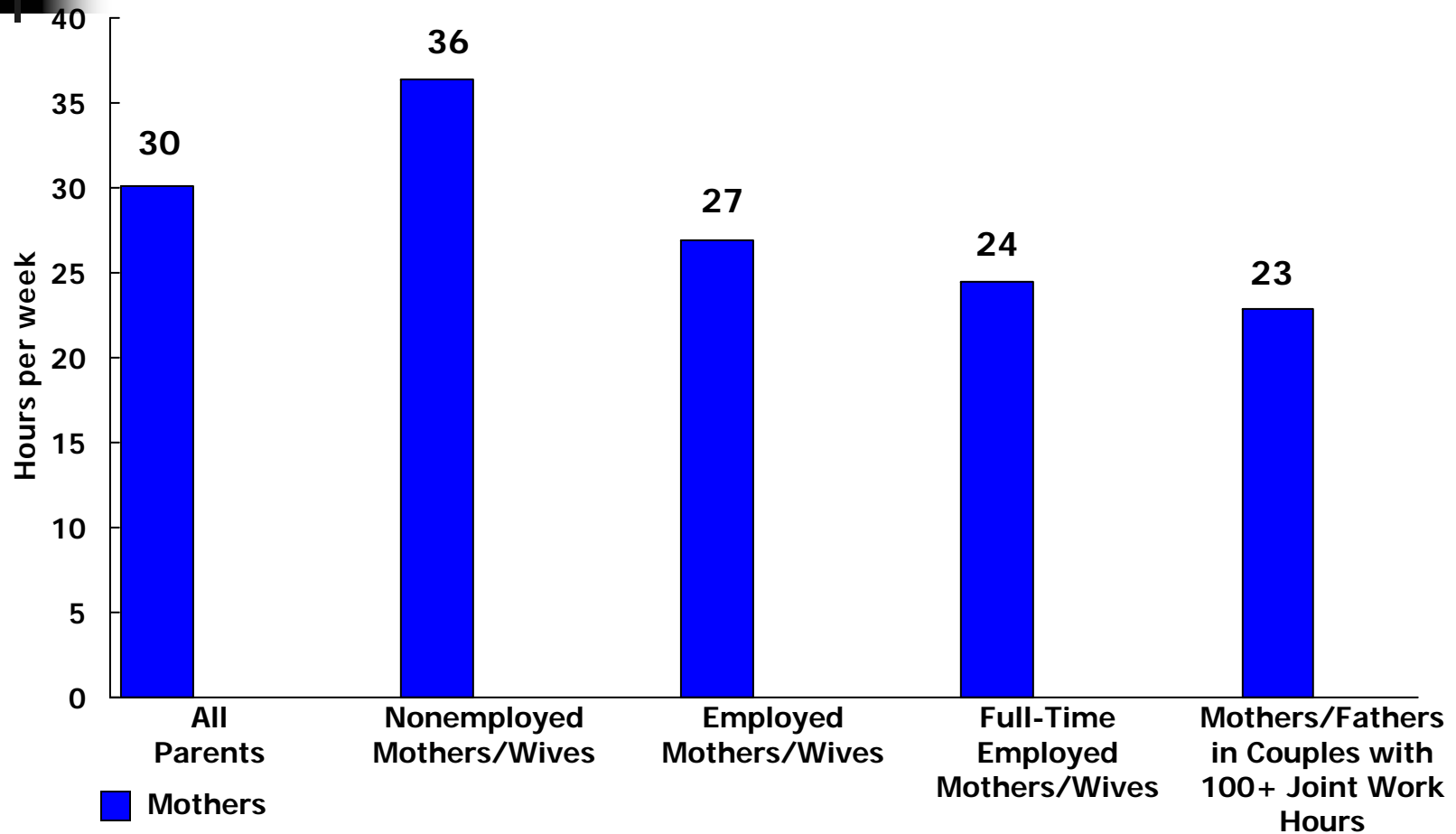
Employment and Parents' Sleep Time



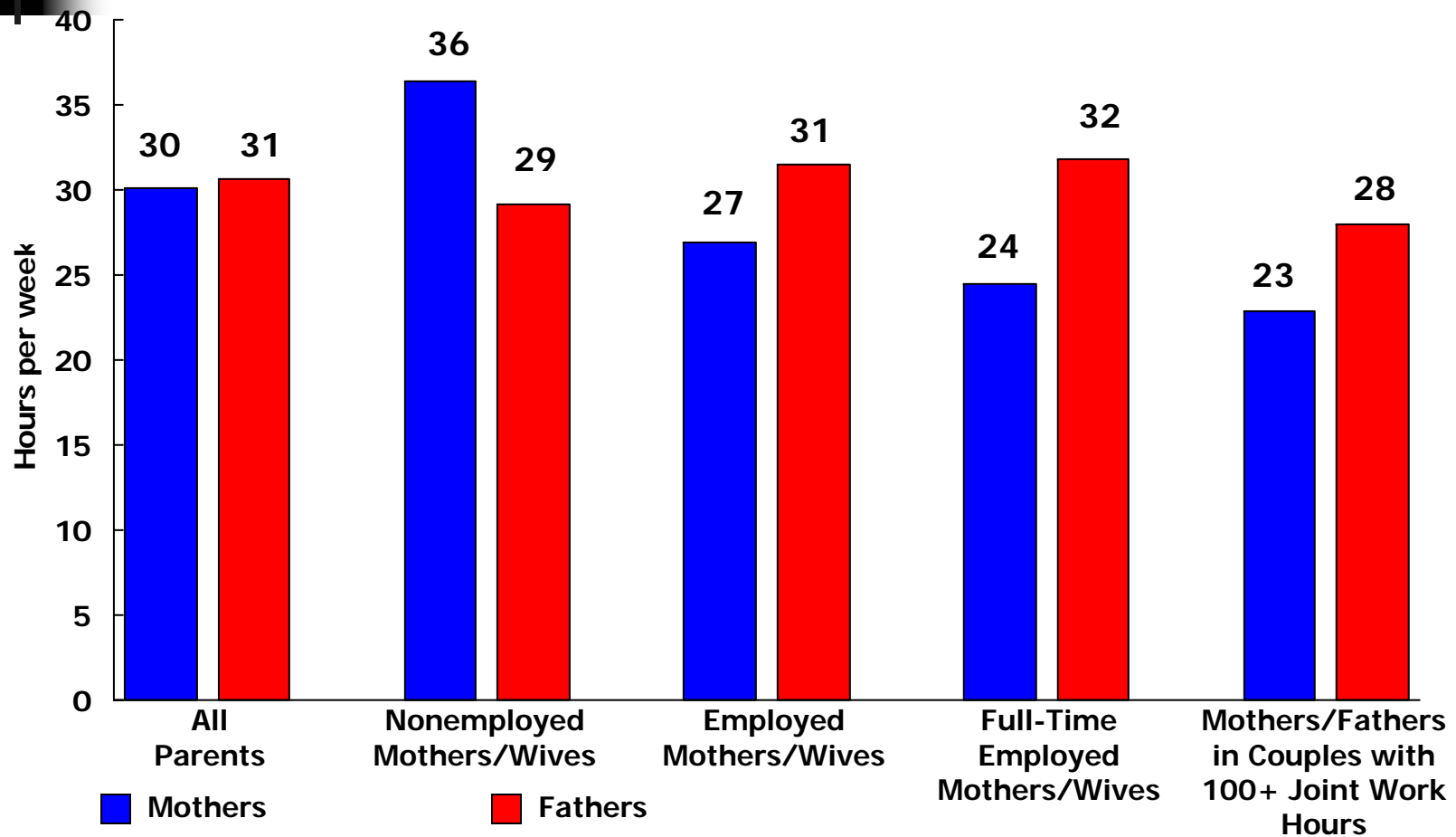
Employment and Parents' Sleep Time



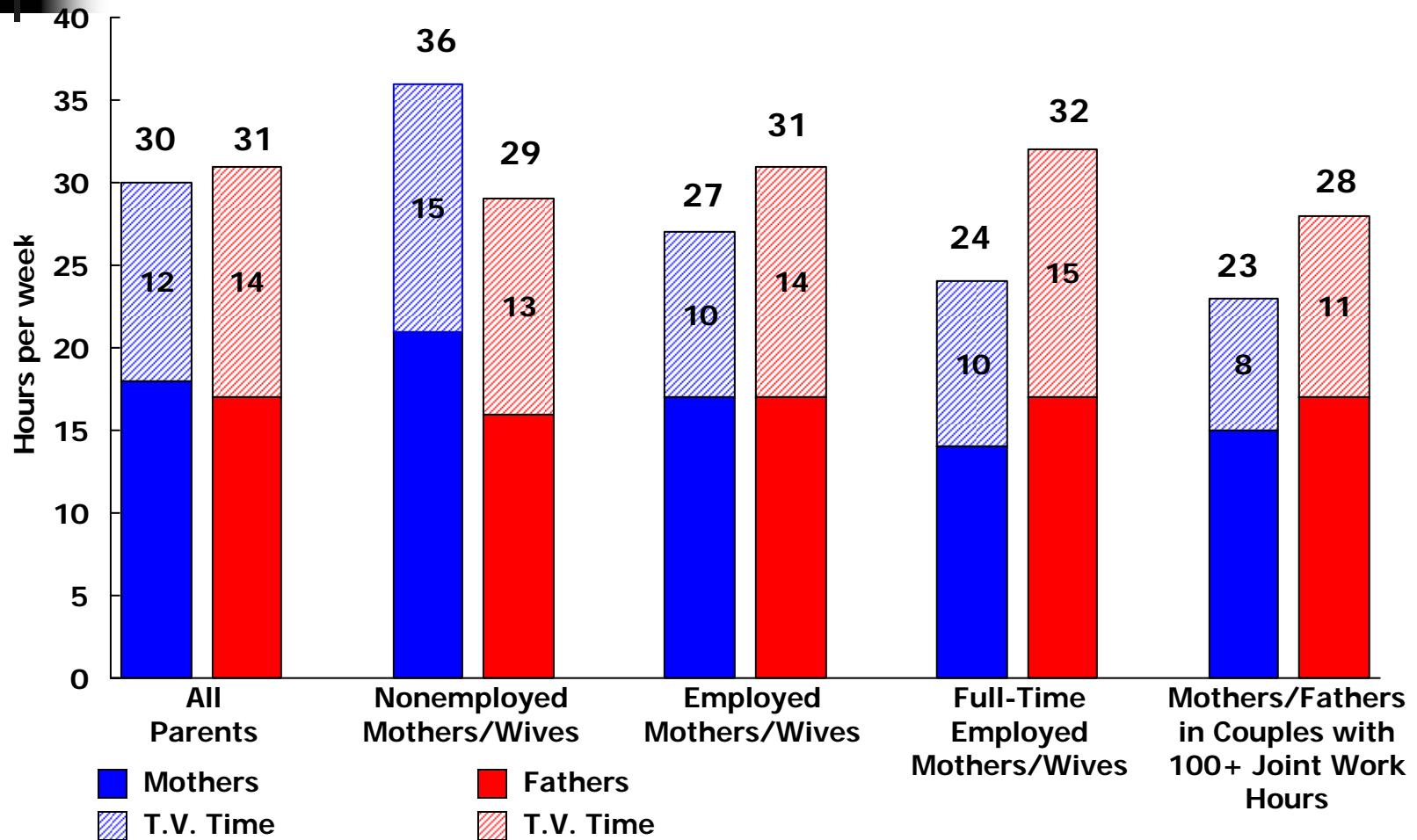
Employment and Parents' Free Time



Employment and Parents' Free Time

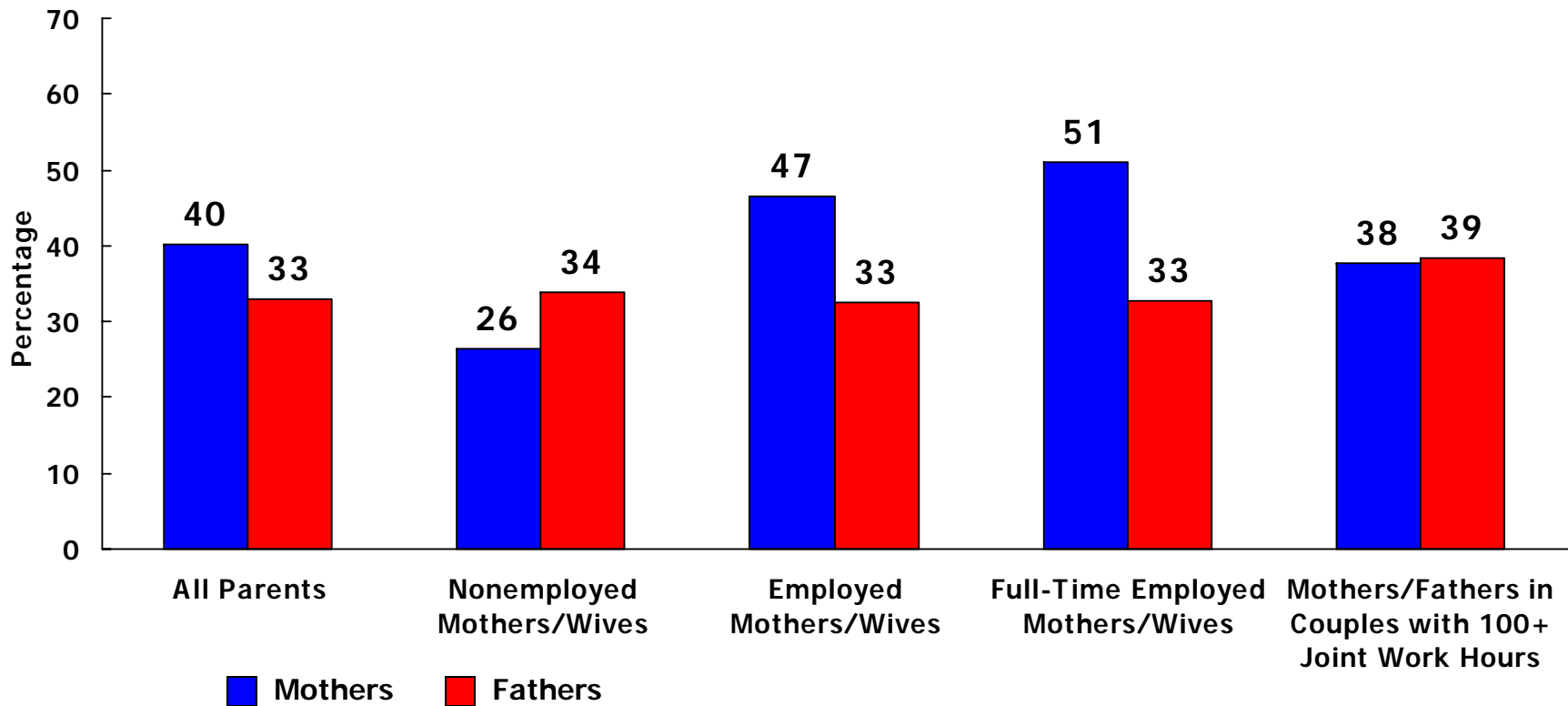


Employment and Parents' Free Time

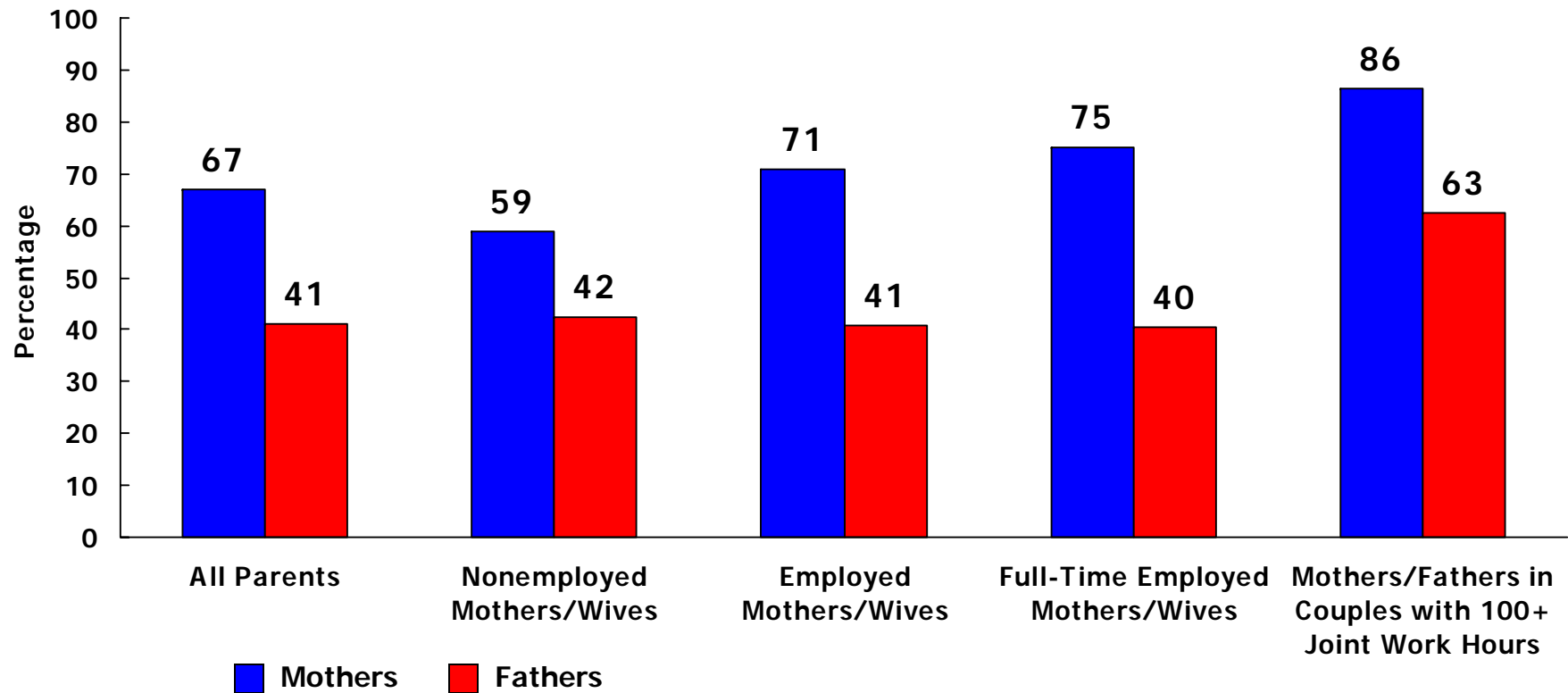


Source: 2003-2004 ATUS

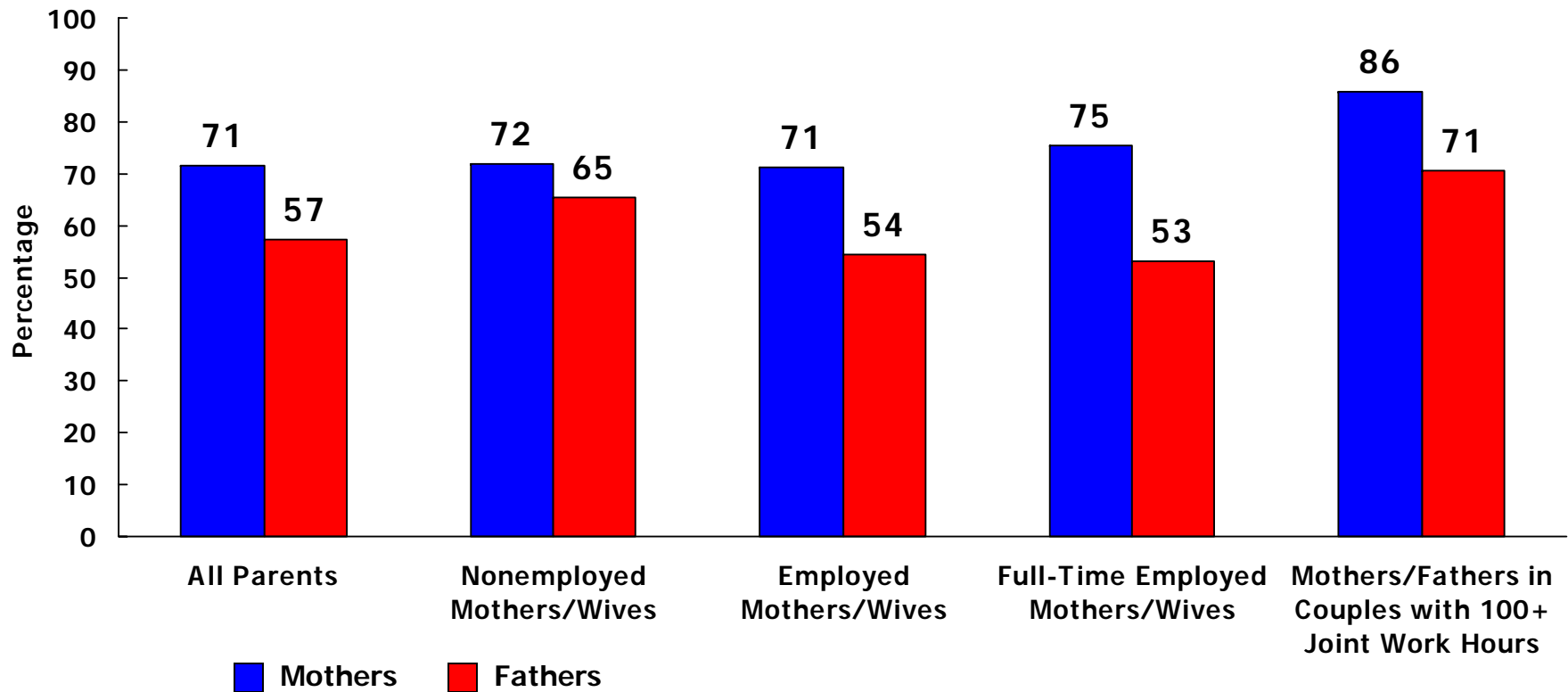
Percent Feeling "Always" Rushed



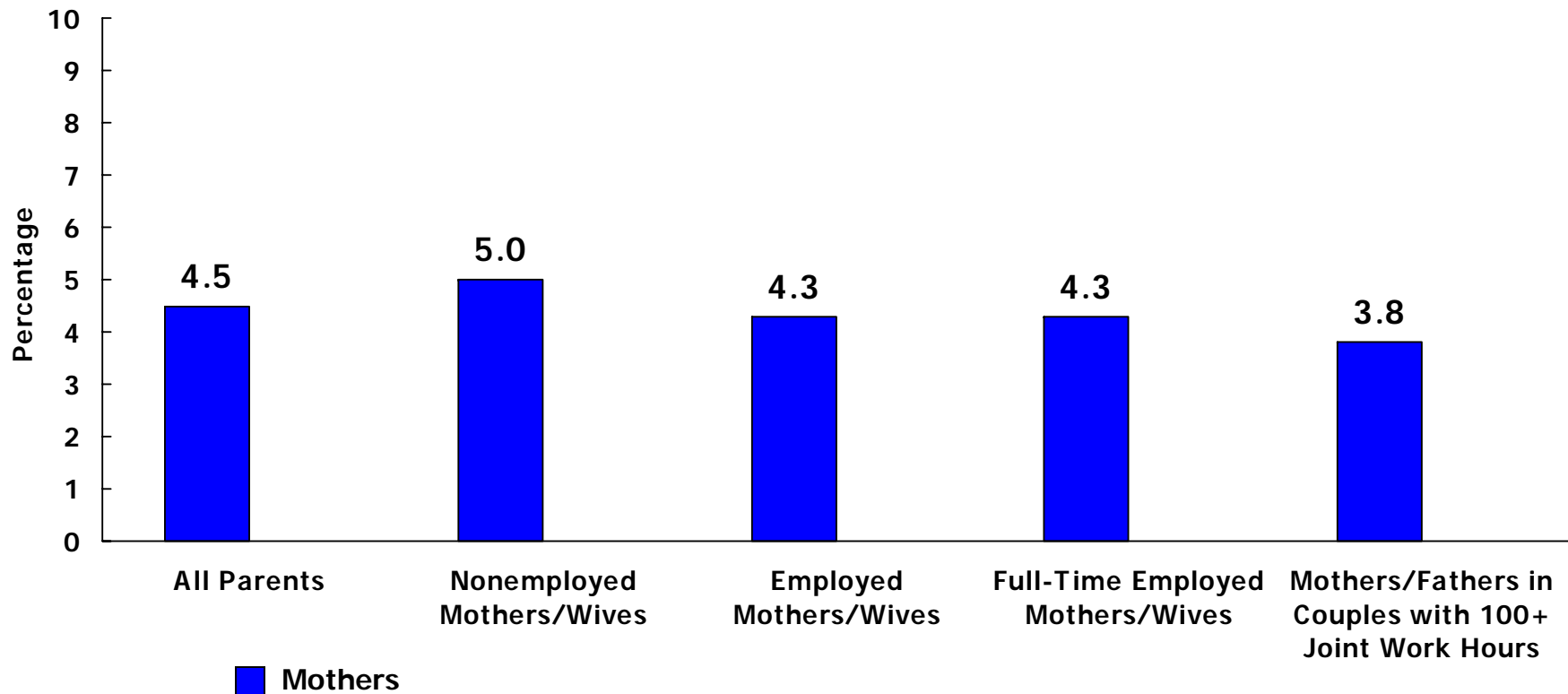
Percent Who Multitask "Most of the Time"



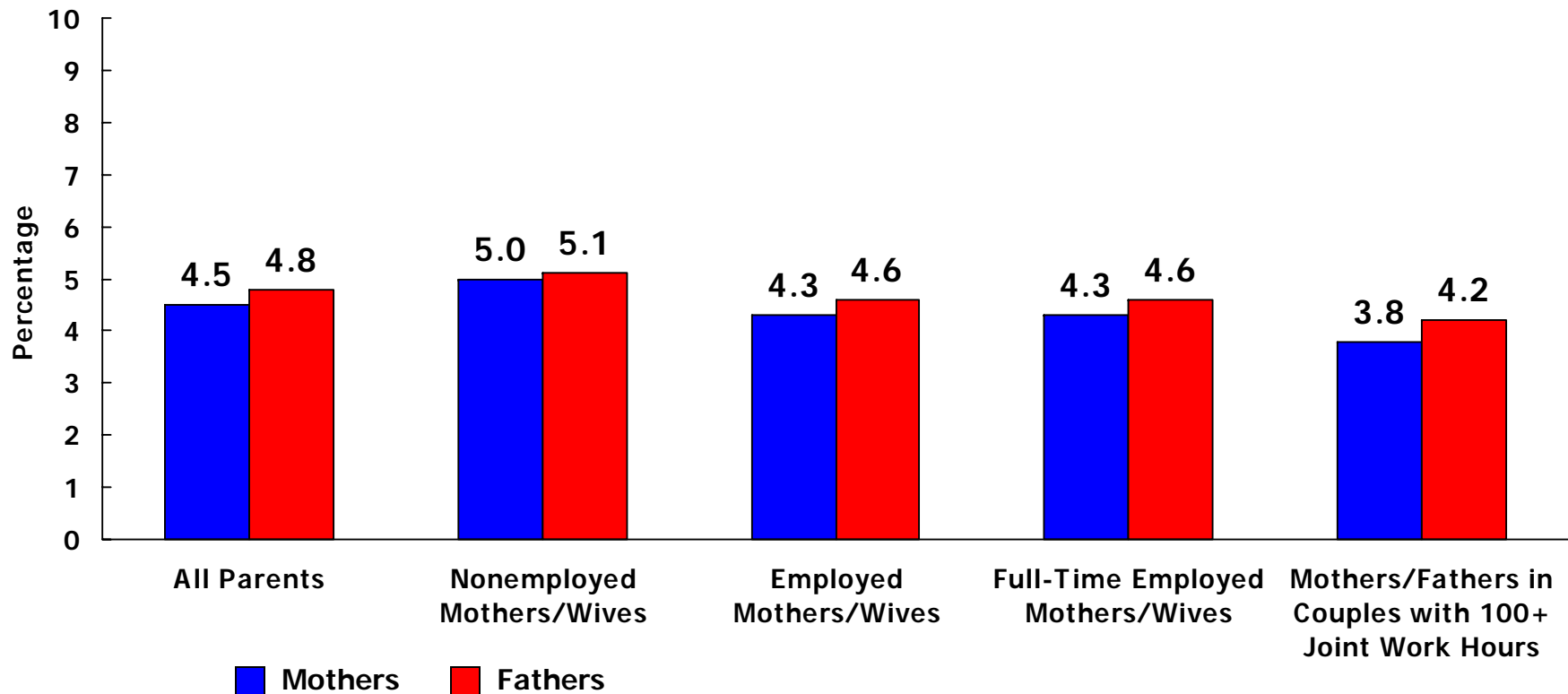
Percent Who Have "Too Little" Time to Oneself



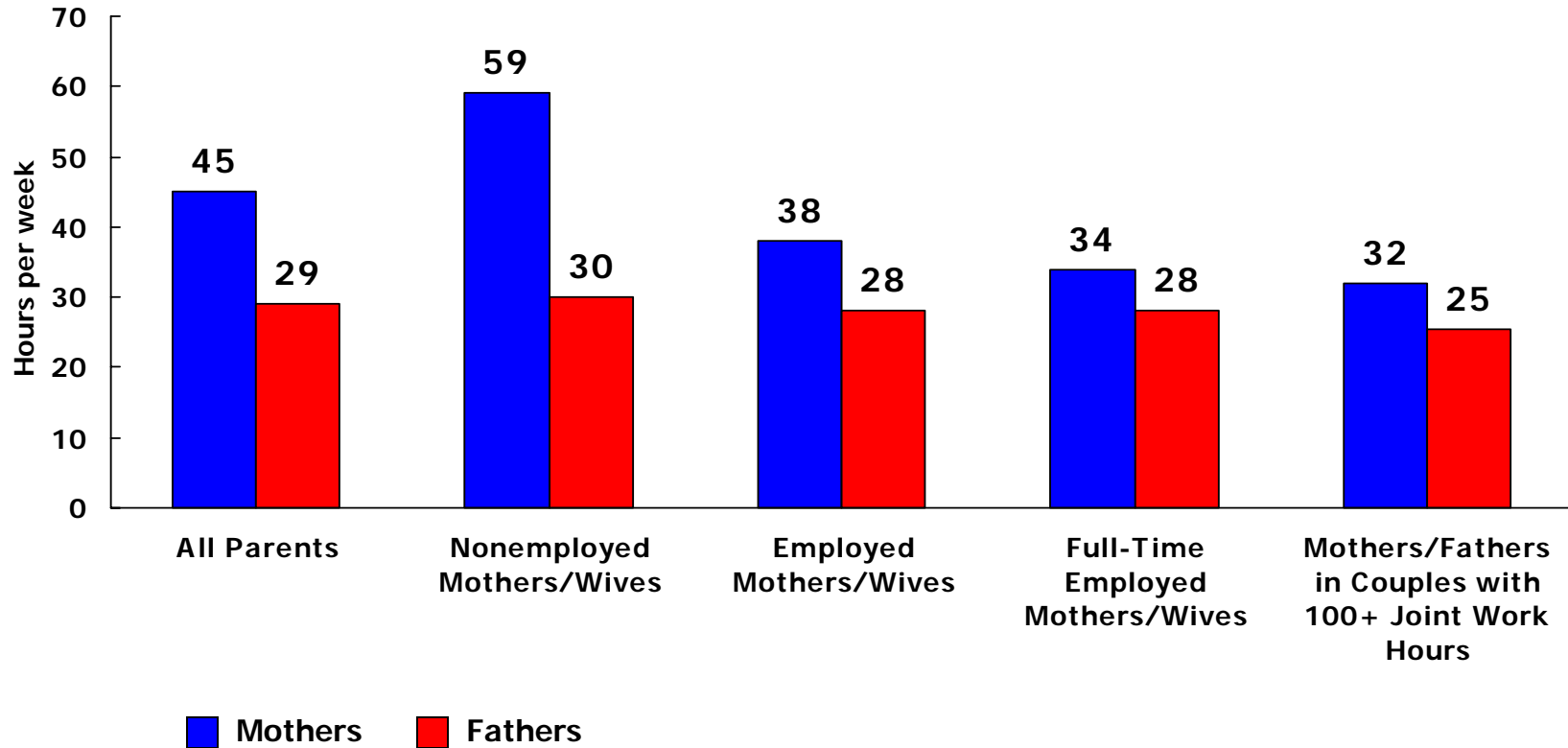
Number of Days per Week Family Eats Main Meal Together



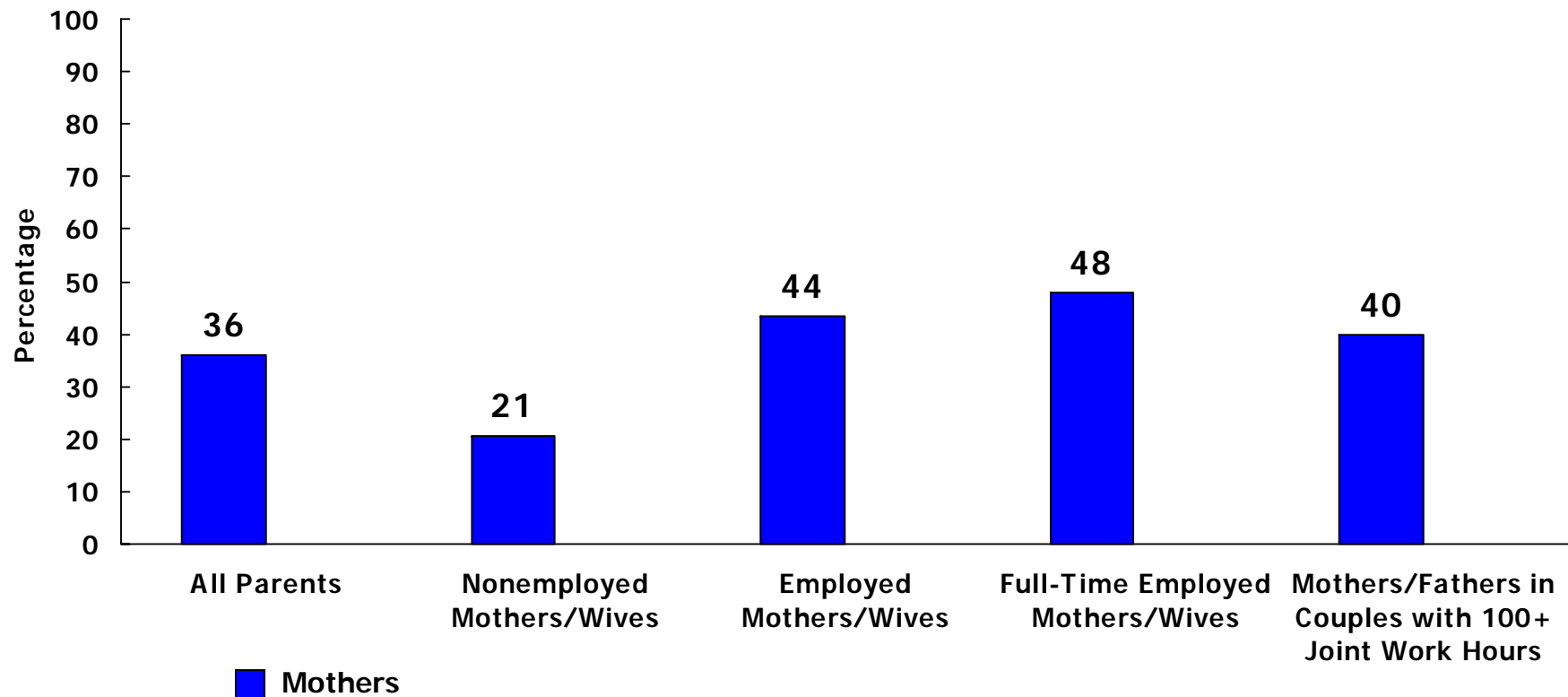
Number of Days per Week Family Eats Main Meal Together



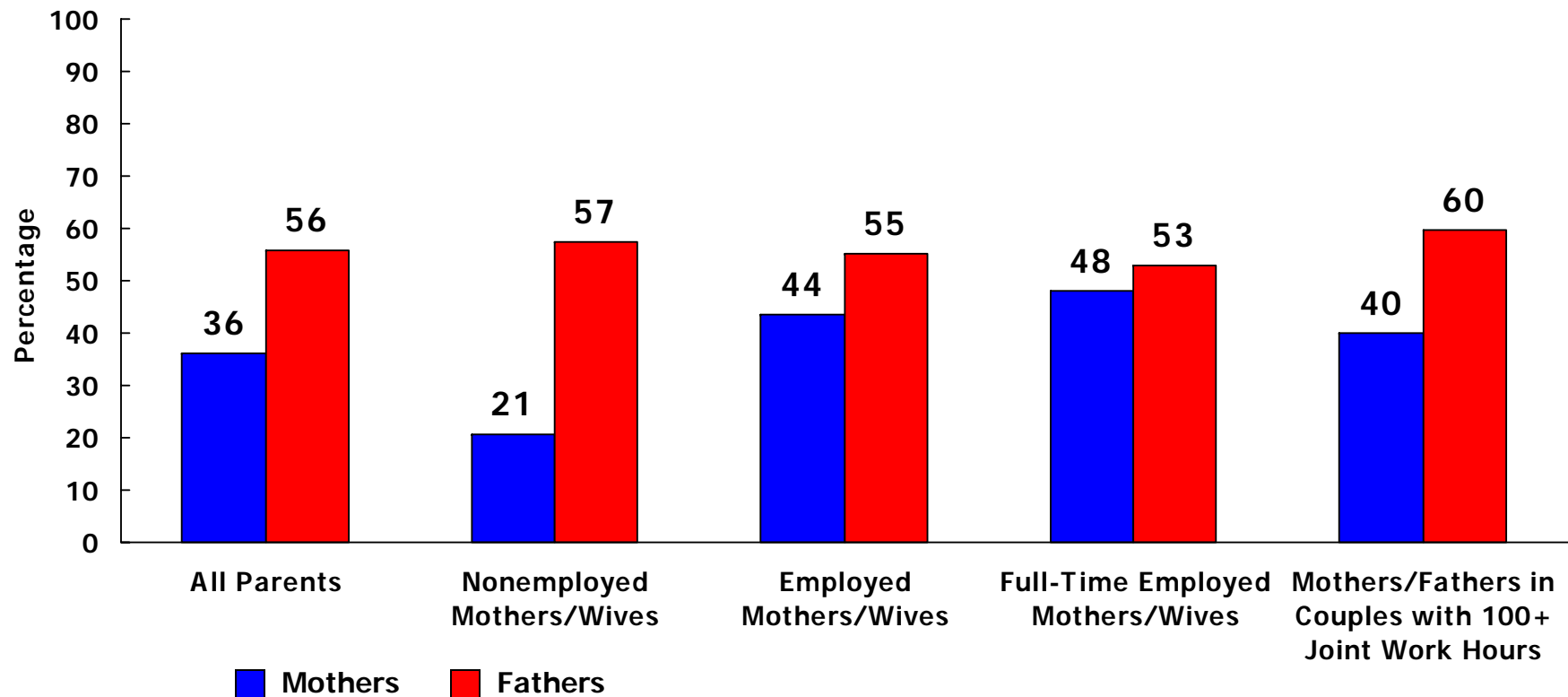
Gender Differences in Parents' Overall Time with Children



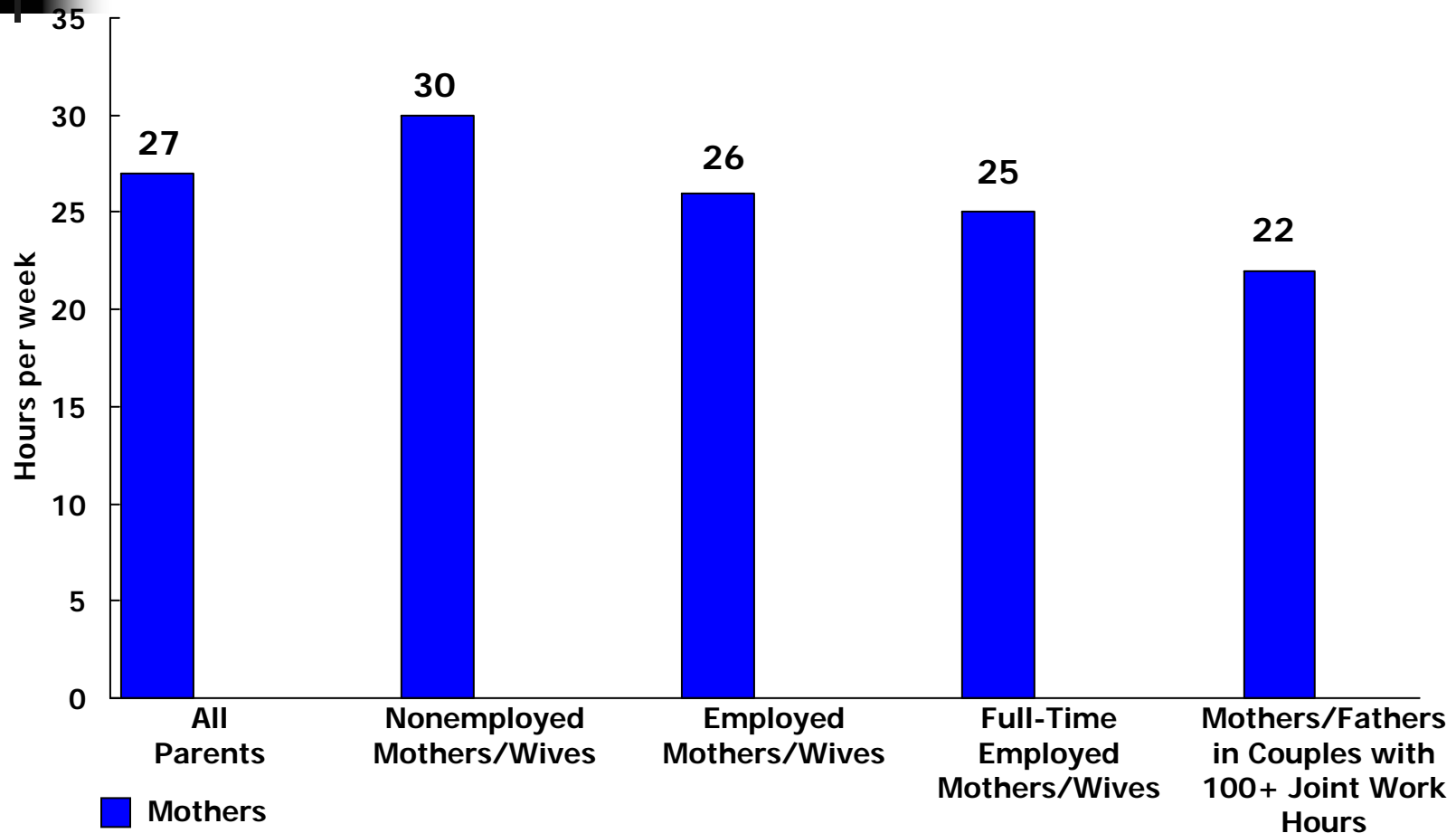
Percent Who Have "Too Little" Time with Youngest (Only) Child



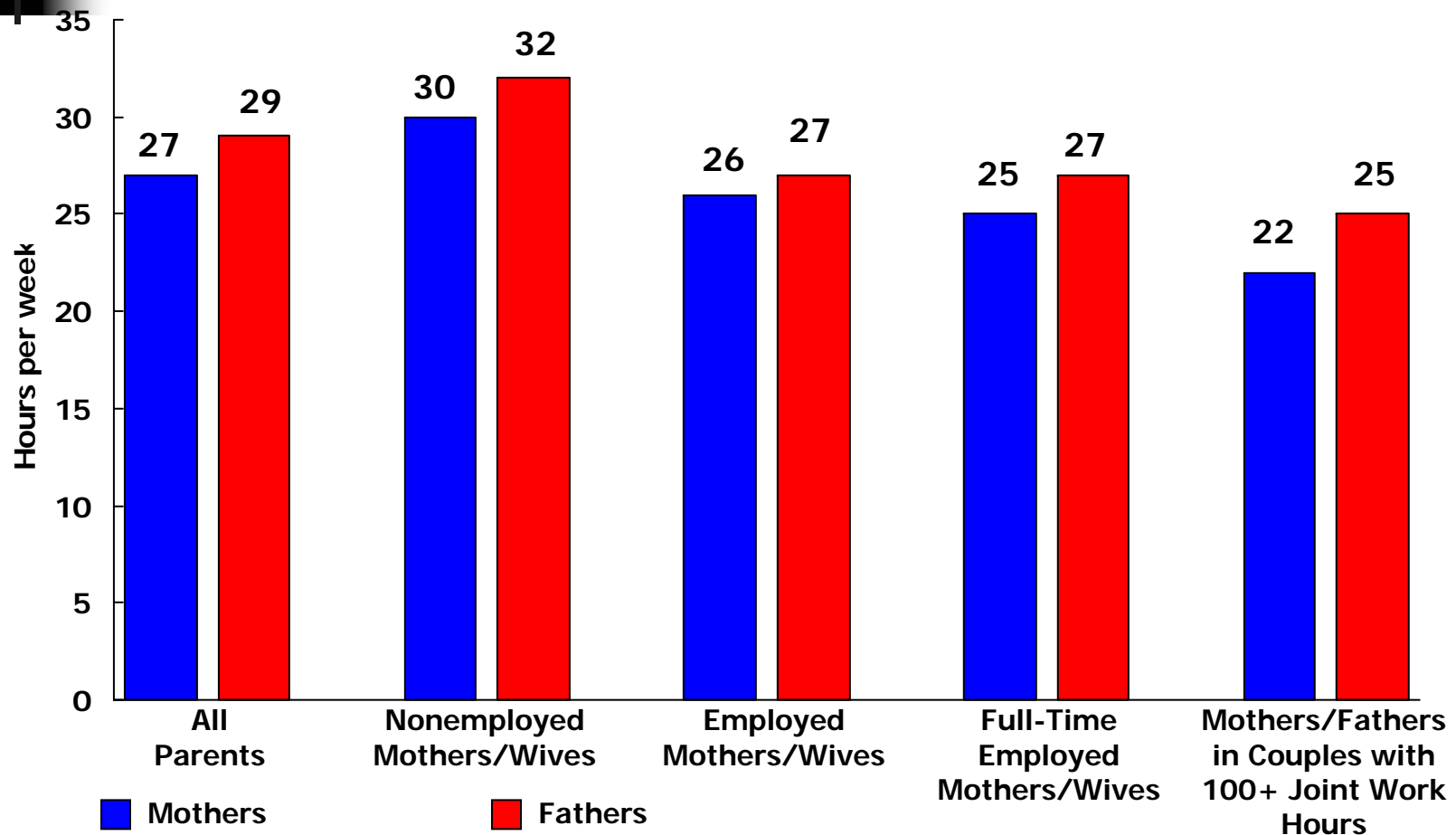
Percent Who Have "Too Little" Time with Youngest (Only) Child



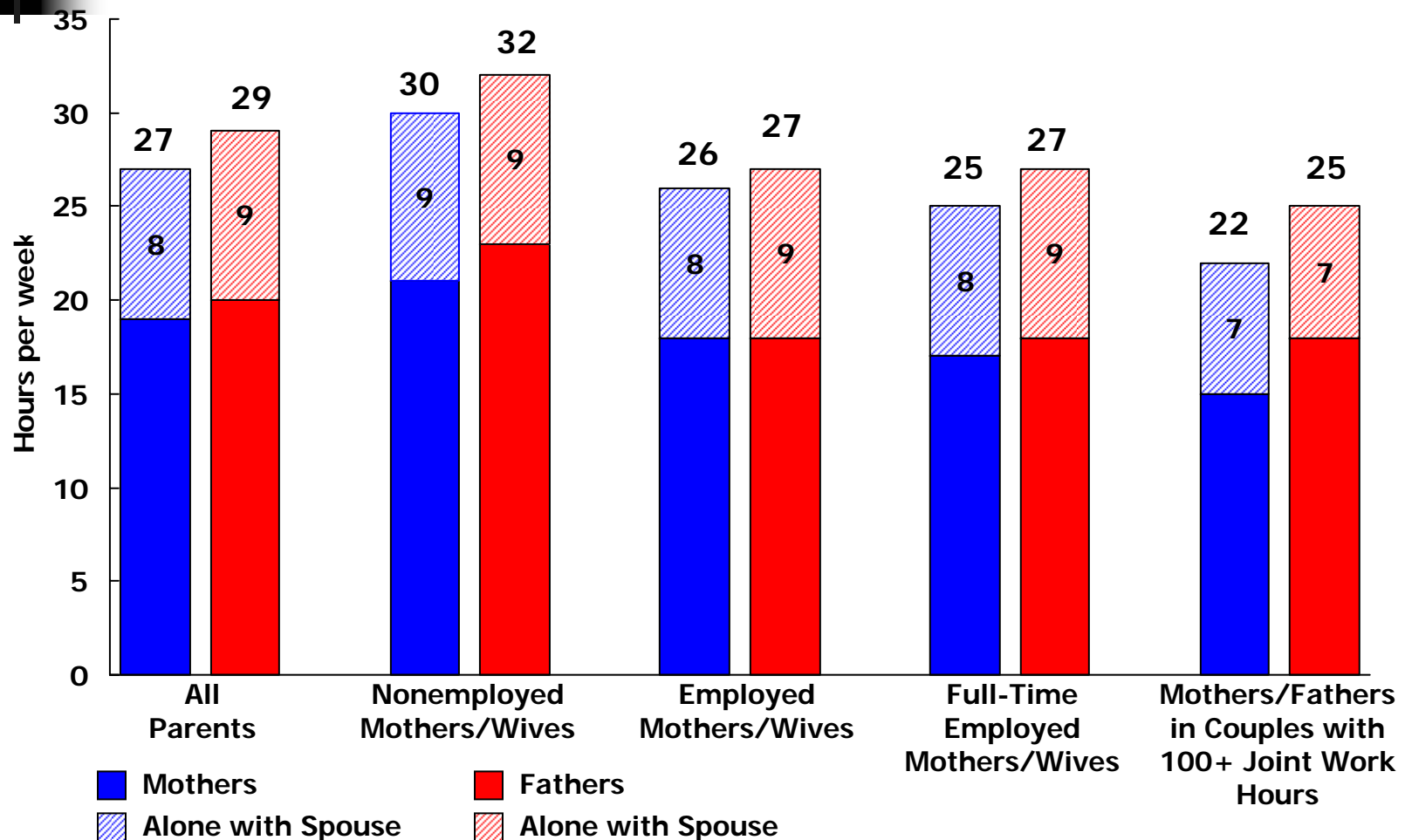
Employment and Mothers' and Fathers' Time with Spouse



Employment and Mothers' and Fathers' Time with Spouse

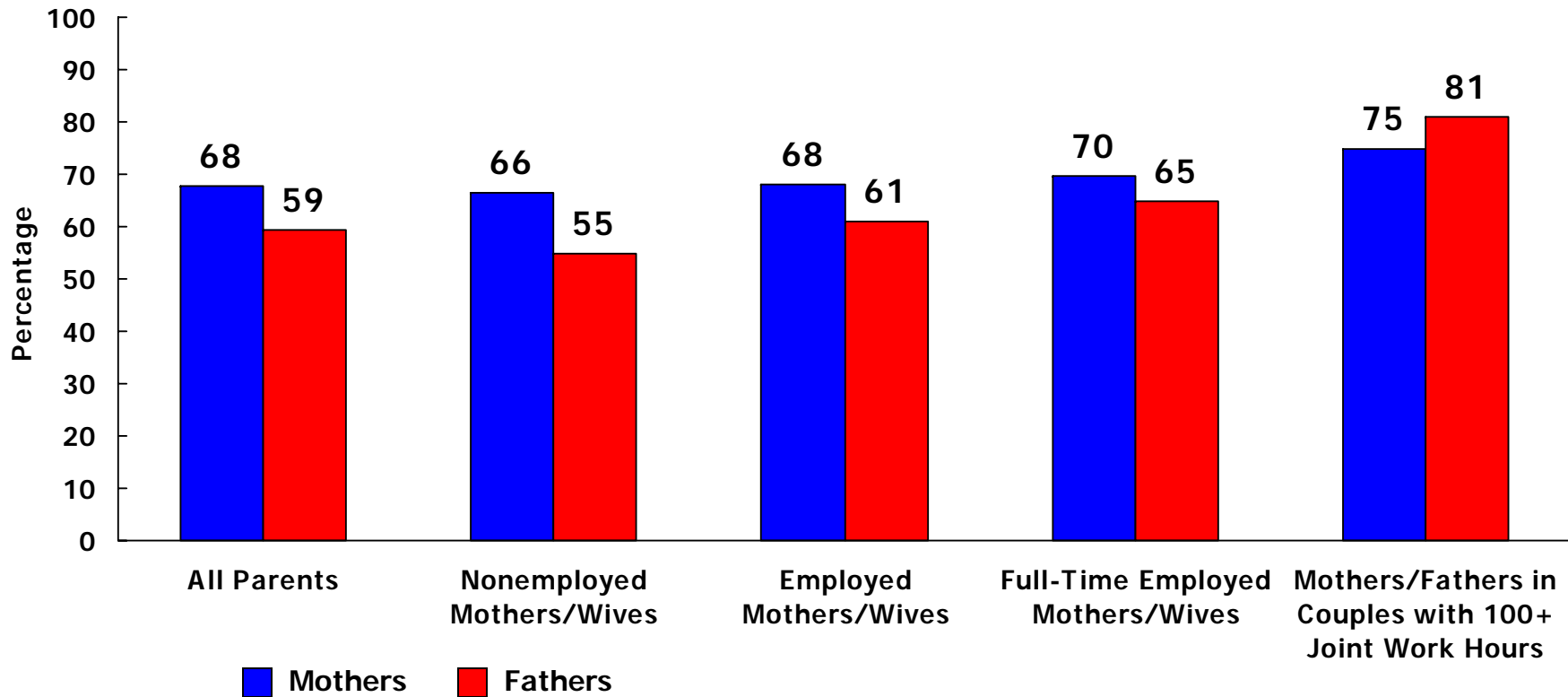


Employment and Mothers' and Fathers' Time with Spouse



Source: 2003-2004 ATUS

Percent Who Have "Too Little" Time with Spouse





Conclusions

- The trend in dual-earning has increased dramatically.
- Yet, few couples work extremely long hours. Mothers cut back labor force participation.
- Time spent relaxing, resting, or with family “give” to finance paid work and long hours.
- Feelings of time pressure also increase with long work hours, especially for mothers.



Changing Rhythms of American Family Life

Suzanne M. Bianchi,
John P. Robinson,
and Melissa A. Milkie

A VOLUME IN THE
AMERICAN SOCIOLOGICAL ASSOCIATION'S
ROSE SERIES IN SOCIOLOGY